
Enfield COPD Support Group

We take great pride in providing support for people affected by lung conditions, including their friends, family and carers.

We offer opportunities for people to share experiences and to learn more about their lung condition, so they do not feel isolated.

What's on offer?

Monthly meetings let members share experiences and provide mutual support and advice in a social setting. Each meeting costs £4.50 per person, this includes refreshments of sandwiches and cakes, tea, coffee and a raffle.

To raise funds, we ask local stores and supermarkets to give us space in their forecourts to advertise our group and this debilitating condition, by handing out leaflets etc.

We book stalls at local markets/fetes and sell bric-a-brac, often bought in by members, these help to subsidise members on day trips to the seaside, wildlife parks or boat trips on the River Lea and a Christmas party.

We are a self help Charity group run entirely by volunteers.